

## **Physical Ed Flex Credit for Stevenson Marching Band – Classes of 2019-2022**

### **Requirements:**

1. Student must participate in Marching Band for **two full seasons** in order to waive ½ credit of Physical Education (gym class). 9<sup>th</sup> – 12<sup>th</sup> graders only; 8<sup>th</sup> graders are not eligible until their Freshman year, and only if the Board of Education continues this program.
2. **The student cannot miss ANY full-band rehearsals or performances. 100% participation is required**
  - a. This is a Board of Education requirement
  - b. Begins with Away Camp
  - c. Includes all Tuesday evening rehearsals, Mini Band Camp, home football games, Winter Concert (Dec) and Cluster Concert (Jan)
3. Only one credit per season (either Marching Band or an approved UCS sport, but not both) can be applied towards this credit. Marching Band is a Fall-season activity.
4. Students are required to complete the Physical Education Flex Credit for **BOTH the first and second season** (you must turn in forms at the end of BOTH seasons of Marching Band you are requesting credit)
5. Return the completed form after the completion of each season, with the appropriate signatures, to your counselor. **The student is responsible for this step – not Mr. Sekich.**

### **Step-by-step instructions:**

1. Fill out and submit a Flex Options Application with your counselor (should be turned in with your schedule form – remains in your student file). Student and Parent/Guardian signatures required. *If you have not filed this form yet, the student is responsible for contacting their counselor.*
2. At the completion of the **first** Marching Season (after the January Cluster Concert), complete the Physical Education Flex Credit form. Required signatures: Student, Parent/Guardian, Mr. Sekich
3. **Submit the completed form for the first year to your counselor at your home school**
4. At the completion of the **second** Marching Season (after the January Cluster Concert), complete a **second** Physical Education Flex Credit form. Required signatures: Student, Parent/Guardian, Mr. Sekich.
5. **Submit the second completed form for your second year of marching to your counselor at Stevenson or UAIS**
6. Confirm with your counselor that you have received your Physical Education credit (it is required for graduation). *You should make photocopies of every form prior to turning them in as backup for yourself.*

REMEMBER: You must complete TWO seasons of Marching Band with 100% attendance, obtain Mr. Sekich's signatures for both seasons, and turn in **TWO** flex credit forms to your counselors to fulfill the requirements to waive your gym class and receive the ½ credit. **I will not sign forms until after the season is complete in January. Do not turn them in to me until then.**

Good luck,

Mr. Sekich