

Physical Ed Flex Credit for Stevenson Marching Band

Requirements:

1. Student must participate in Marching Band for **two full seasons** in order to waive ½ credit of Physical Education (gym class). 9th – 12th graders only; 8th graders are not eligible until their Freshman year, and only if the Board of Education continues this program.
2. **The student cannot miss ANY full-band rehearsals or performances. Full participation is required**
 - a. This is a Board of Education requirement
 - b. Begins with August Camps
 - c. Includes all Tuesday evening rehearsals, Mini Band Camp, home football games, Winter Concert (Dec)
 - d. Exceptions are limited to excused absences (documented illnesses, death in the family)
3. Only one credit per season (either Marching Band or an approved UCS sport, but not both) can be applied towards this credit. Marching Band is a Fall-season activity.
4. Students are required to complete the Physical Education Flex Credit for **BOTH the first and second season** (you must turn in forms at the end of BOTH seasons of Marching Band you are requesting credit)
5. Return the completed form after the completion of each season, with the appropriate signatures, to your counselor. **The student is responsible for this step – not Mr. Sekich.**

Step-by-step instructions:

1. Fill out and submit a Flex Options Application with your counselor. Student and Parent/Guardian signatures required. *If you have not filed this form yet, the student is responsible for contacting their counselor.*
2. At the completion of the **first** Marching Season (after the December Concert), complete the Physical Education Flex Credit form. Required signatures: Student, Parent/Guardian, Mr. Sekich
3. **Submit the completed form for the first year to your counselor at your home school**
4. At the completion of the **second** Marching Season (after the December Concert), complete a **second** Physical Education Flex Credit form. Required signatures: Student, Parent/Guardian, Mr. Sekich.
5. **Submit the second completed form for your second year of marching to your counselor at Stevenson or UAIS**
6. Confirm with your counselor that you have received your Physical Education credit (it is required for graduation). *You should make photocopies of every form prior to turning them in as backup for yourself.*

REMEMBER: You must complete TWO seasons of Marching Band with 100% attendance, obtain Mr. Sekich's signatures for both seasons, and turn in **TWO** flex credit forms to your counselors to fulfill the requirements to waive your gym class and receive the ½ credit. **Forms will not be signed until after the season is complete. Do not turn them in until then.**

Good luck,

Mr. Sekich

World Language Flex Credit for Stevenson Instrumental Music

Requirements:

1. Student must complete a second full year (two semesters) of in-school Band class at Stevenson. 10th – 12th graders only; 9th graders are not eligible until their Sophomore year, and only if the Board of Education continues this program.
2. **The student must pass their band class**
 - a. This is a Board of Education requirement
 - b. Students MUST attend all performances

Step-by-step instructions:

1. Fill out and submit a Flex Options Application with your counselor. Student and Parent/Guardian signatures required. *If you have not filed this form yet, the student is responsible for contacting their counselor.*
2. One Flex Options Application may be submitted if you plan on utilizing both the World Language and Physical Education credits, if desired.
3. After completion of your Band class, confirm with your counselor that you have received your World Language credit (it is required for graduation).

Good luck,

Mr. Sekich



PHYSICAL EDUCATION FLEX CREDIT

Grades 9-12

Today's Date:
 Athletic/Band Director/Coach:
 Counselor:

REQUEST FOR PHYSICAL EDUCATION CREDIT *(Complete all sections.)*

Student Name:		Current Grade:	
School:		Anticipated year of graduation:	
Name of Parent/Guardian:		Date of Birth:	
Email Address:		Home Phone:	

MODIFICATION REQUEST - Physical Education - 0.25 credit

<input type="checkbox"/> UCS Sport _____ <input type="checkbox"/> UCS Marching Band	Season of Participation
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Please check the following items to indicate you are aware of these provisions:

- I understand that I receive credit instead of a letter grade.

- I understand I need to complete two years of UCS marching band OR participate in **two** complete UCS MHSAA identified athletic seasons (fall, winter or spring) to waive a .5 credit of Physical Education.

- I understand I can only apply one UCS sport or Marching Band per season toward this credit.

SIGNATURES			
Athletic Coach:		Date:	
Athletic Director		Date:	
Band Director		Date:	
Administrator		Date:	
Parent/Guardian:		Date:	
Student:		Date:	

Turn this form into your counselor upon completion of the season.

This form should be retained in the student's permanent educational file.



Physical Education Identified Activities

Student Name:			
School:			
Current Grade:			
Anticipated Year of Graduation:		School Year:	
Fall Sports	Football		
	Tennis (Boys)		
	Soccer (Boys)		
	Volleyball		
	Swimming (Girls)/Diving		
	Cross Country (Boys)		
	Cross Country (Girls)		
	Golf (Girls)		
	Sideline Cheer		
	Dance Team		
	Marching Band		
Winter Sports	Ice Hockey		
	Basketball (Boys)		
	Basketball (Girls)		
	Swimming (Boys)/Diving		
	Wrestling		
	Bowling		
	Competitive Cheer		
	Bowling (Boys)		
	Bowling (Girls)		
	Dance Team		
	Spring Sports	Baseball	
Softball			
Track (Boys)			
Track (Girls)			
Tennis (Girls)			
Soccer (Girls)			
Lacrosse			
Golf (Boys)			

FLEX Options Application (Submit with scheduling form)

Students Name:	Graduation Year:
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Students who wish to use the flex options must submit their requests while scheduling.

Date of Request: _____

UCS Requirements	FLEX Options	Student's Plan
<input type="checkbox"/> Physical Education: 1/2 credit Course Codes <input type="checkbox"/> FS100 <input type="checkbox"/> WS100 <input type="checkbox"/> SS100 <input type="checkbox"/> MB100	<input type="checkbox"/> Students in grades 9-12 who complete two years of UCS marching band OR participate in two complete UCS MHSAA identified athletic seasons (fall, winter or spring) may waive a .5 credit of Physical Education which is required for graduation (see Physical Education Flex Credit sheet for identified activities). Important note: Students are required to complete the Physical Education Flex Credit form for both first and second season. Return the completed form with appropriate signatures to your counselor.	<p><u>First Season</u></p> Season/Year: _____
<input type="checkbox"/> World Language: 1 credit of second year (Class of 2016-2021) Course Codes <input type="checkbox"/> S1WL100 <input type="checkbox"/> S2WL100	Students must earn one credit of world language AND one of these flex options: <ul style="list-style-type: none"> • Earn credit(s) in a full CTE program (typically two credits over two years) OR • Earn one credit of Visual, Performing, Applied Art (VPAA) in addition to the initial required credit of a VPAA. 	<p><u>Second Season</u></p> Season/Year: _____
		<p>VPAA Course or CTE Program to replace 2nd year of World language:</p> _____
		Year course above taken: _____

Student Signature: _____

Date: _____

Parent/Guardian Signature: _____

Date: _____

Reminder: If you are a two or four year college bound student, you should consider college preparation and admission requirements.

CTE Program descriptions are in the chart below.

VPAA courses are in the chart below.

CTE Program Title	Courses Needed to Complete CTE
Architecture & Construction:	CTE Construction Trades Architecture I & II CTE Architecture
Arts & Communication	CTE Visual Technology CSI Multi Media Production I & II
Business Administration Management and Operations:	MSOffice Website Development I & II
Human Services:	Law Enforcement * Future Educators I
Health Occupations:	Medical Health Science & Medical Dental * Medical Health Science & Nursing Assistant
Industrial Arts:	Auto I & CTE Auto Small Engines & CTE Small Engines Welding I & II Machine Tool I & II Machine Tool I & CTE Machine Tool
Finance:	Accounting I & II
Marketing:	Entrepreneurship Marketing I & II
Mechanical Drafting:	Design Engineering I & II CTE Design Engineering CSI Engineering Tech I & II CSI Mechatronics I & II

* Class does not qualify for VPAA

For Departmental Use Only:

Counseling Department

Date received: _____

Signature: _____

Administrator: _____

Visual Arts		
Art Foundations	Film Making	3-Dimensional Concept/Design
AP Studio Art: Drawing	Photography I	2-Dimensional Concept/Design
Advanced Film Making	AP Studio Art 2-D	Advanced 2-D Studio Art/AP Studio Art 2D
Advanced Studio Photography	AP Studio art 3-D	Advanced 3-D Studio Art/AP Studio Art: 3D
Performing Arts		
Vocal Solo & Ensemble	Auditioned Choirs	Non-Auditioned Choirs
AP Music Theory	Varsity Band	(Varsity, Concert, Show Choir, Mixed Show Choir)
Concert Band 9	Symphonic Band	(Men's Glee, Women's Glee, Mixed Chorus)
Concert Band	Orchestra	Drama 9 & Stage Craft
Jazz Band	Advanced Debate	Theatre I, II, and III
Beginning Jazz Band	Forensics	Speech Communication I and II
Dance	Debate	Instrumental Music Solo/Ensemble
	Journalism I and II	Desktop Publishing (Yearbook/Newspaper)
Applied Arts		
Medical Health Science	Welding I & II	CTE Furniture & Cabinetmaking
Nursing Assistant	Marketing I & II	CTE Construction Trades
Accounting I and II	Entrepreneurship	Introduction to Electronics
Web Design I and II	School Store	Advanced Electronics
MSOffice	Machine I and II	Computer Networking and Repair
Future Educators	CTE Machine	Design Engineering I, II, and III
Contemporary Living	Finance	CTE Design Engineering
Consumer Education	CTE Visual Tech	Architecture I, II, and III
Food & Nutrition	Woods I	CTE Architecture (Drafting/CAD)
CTE Woodworking	Drafting I	CSI Engineering Technology I and II
CSI Digital Media	Life Skills 9	CSI Multimedia Production I & II
Small Engine Repair	Auto I & CTE Auto	CSI Principles of Design
	CTE Advanced Woodworking	Advancement via Individual Determination (AVID)

FILE IN CA-60 WITH ATTACHED PROOF OF CREDIT EARNED